

## Vrouwen en Zen boeddhisme

### Zen Cirkel Leiden 'Onze vrouwelijke voorouders van zen'

Zondag 26 september, 31 oktober en 28 november, van 14.00 – 15.30 uur, Kapteynstraat 63, Leiden. Onder leiding van Ineke Vogel.

In zen hebben we het vaak over patriarchen en mannelijke beoefenaars. Echter, in de loop van de eeuwen zijn er ook matriarchen en veel vrouwelijke beoefenaars geweest. Door de verhalen van onze vrouwelijke voorgangers te leren kennen kan ons beeld van onze zoektocht naar ontwaken verbreden. Hun situaties, problemen en zoektochten zijn vaak heel herkenbaar. Juist aan ons, beoefenaars in de 21e eeuw met een praktijk in het dagelijks leven, hebben ze veel te bieden!

Er worden geen kosten gerekend, maar er is de mogelijkheid tot dana, donatie. Ineke Vogel is formeel leerling van Genko Roshi en is tevens door hem tot Shuke (thuisloze) gewijd. Opgave bij: Ineke Vogel, 06 3843 3863.

### Women in buddhism

A website with collection of links and resources on contemporary Buddhist women. Female teachers, activists, scholars, nuns, and yoginis (practitioners) may be found on these pages, as well as teachings and special events, projects, organisations, bibliographic and contact information.

[Buddhanet](#)

### COMPLETE SILENCE | There's a misogynist aspect of Buddhism that nobody talks about

[Quart India](#) January 6, 2016 | By Devdutt Pattanaik

Hinduism is patriarchal. No doubt about it. So are Christianity and Islam, Sikhism and Shinto, Jainism and Judaism. But Buddhism? It is not the first religion that comes to mind when we talk about misogyny. The assumption is that Buddhism is rational, modern, agnostic, and liberal in matters of gender and sexuality. Book after book has conditioned us to see the celibate and chaste Buddha as a kind of androgynous, asexual, gentle sage with a beatific smile. Yet, some of the earliest and most systematic documentation of rejection of female sexuality in Indian literature is from Buddhist scriptures, especially the rules of monastic discipline (Vinaya Pitaka), traditionally attributed to the Buddha himself.

### Zen Women: Beyond Tea Ladies, Iron Maidens, and Macho Masters

[Amazon books](#) | by Grace Schireson (Author), Miriam Levering (Foreword) Paperback – Illustrated, October 27, 2009

Through exploring the teachings and history of Zen's female ancestors, from the time of the Buddha to ancient and modern female masters in China, Korea, and Japan, Grace Schireson offers us a view of a more balanced Dharma practice, one that is especially applicable to our complex lives, embedded as they are in webs of family relations and responsibilities, and the challenges of love and work.

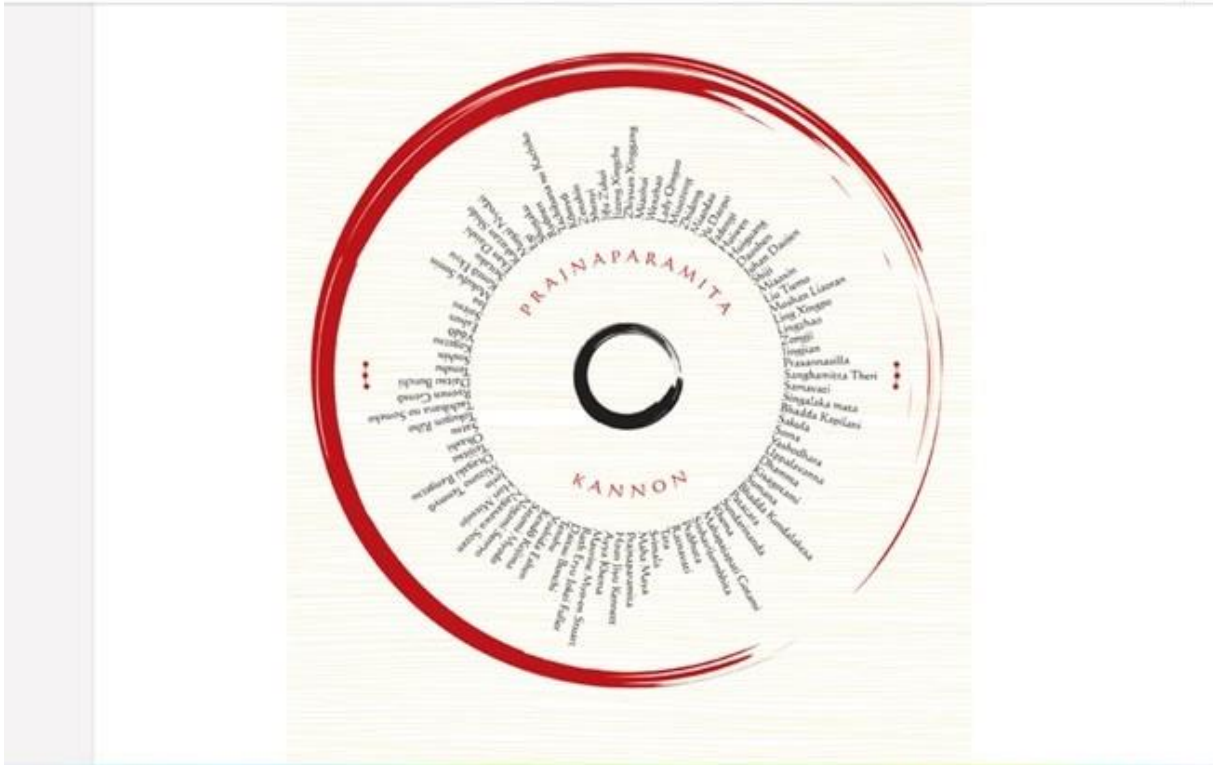
## Roused from a Dream | Restoring Zen's female lineage

Rowan Percy keeps her Zen women ancestor document on her altar, wrapped in a scarf her mother used to wear. She unfolds the delicate sheet of rice paper.

[Tricycle summer](#) 2014 | by Mary Fowles | illustrations by Barbara Cooper

## TRICYCLE

S



### Women of Zen

On Salt Spring Island, efforts to recognize Buddhism's female ancestors has had a remarkable ripple effect. An interview with Rowan Percy.

[TheTye](#) By Mary Fowles 3 Aug 2013 |

### 10 Buddhist Women Every Person Should Know

When asked to describe a Buddhist woman who has "added to the depth and beauty of the faith," a virtual parade of amazing teachers marched through my mind.

[Huffpost](#) Updated May 30, 2012 | By Rev. Zesho Susan O'Connell, Contributor | Vice President, San Francisco Zen Center

## Women Ancestors of Zen | Women of Early Zen History

Although male teachers dominate the recorded history of Zen Buddhism, many remarkable women were part of Zen history also.

[Learnsreligion](#) updated July 30, 2018 | By Barbara O'Brien

## How women are remaking Buddhism

[The Washington Post](#) March 8, 2013 | By Joan Halifax Roshi

Since the mid-sixties, I have practiced Buddhism. From my point of view, Buddhism is more of a philosophy and, as well, a method to train the mind and heart. At its base, there should be no gender bias in Buddhism, if we examine Buddhism's basic tenets. But in fact there is, as we learn that female monastics observing the full nun's Patimokkha (around 348 rules), or precept body (the Vinaya), are subject to eight precepts that favor their brother monks, precepts that imply nuns are less worthy than individuals of the opposite sex.

*On International Women's Day, this series answering, "Is religion good for women?" runs in collaboration with the Tony Blair Faith Foundation.*

## Women in Buddhism

The female sangha has been here for centuries. We are not bringing something new into a 2,500-year-old tradition. The roots are there, and we are simply re-energizing them.

[Wikipedia](#)

## A woman of Zen

Melissa Myozen Blacker recounts how she, as a practitioner and a teacher, has navigated a male-dominated tradition.

[by Melissa Myozen Blacker](#) | september 24, 2018

## Poems of the First Buddhist Women | A Translation of the Therigatha

[Bol.com](#) Translated by Charles Hallisey | Uitgever: Harvard University Press | Taal: Engels

The Therigatha is one of the oldest surviving literatures by women, composed more than two millennia ago and originally collected as part of the Pali canon of Buddhist scripture.

## First Buddhist Women: Poems and Stories of Awakening

[Goodreads](#) | by Susan Murcott

First Buddhist Women is a readable, contemporary translation of and commentary on the enlightenment verses of the first female disciples of the Buddha. Through the study of the Therigatha, the earliest-known collection of women's religious poetry, the book explores Buddhism's 2,600-year-long liberal attitude toward women.

### **Women in Korean Zen | Lives and Practices**

[Bol.com](#) maart 2006, 123 pagina's | by Martine Batchelor Son'Gyong Sunim Co-auteur: Songyong | Engels Hardcover 9780815608424 |

A rare and vivid narrative of a Buddhist nun's training and spiritual awakening. In this engagingly written account, Martine Batchelor relays the challenges a new ordinand faces in adapting to Buddhist monastic life: the spicy food, the rigorous daily schedule, the distinctive clothes and undergarments, and the cultural misunderstandings inevitable between a French woman and her Korean colleagues.

### **Women Living Zen | Japanese Soto Buddhist Nuns**

[Bol.com](#) | 1 juli 2012 268 pagina's | Auteur: Paula Kane Robinson Arai | Taal: Engels Paperback 9780199928682

A long overdue corrective to the androcentric scholarship that has ignored Zen nuns' importance.... This very readable book is ideal for classroom use.

### **Zen Women | Beyond Tea Ladies, Iron Maidens, and Macho Masters**

[Bol.com](#) EBOOK | november 2009 320 pagina's | Grace Schireson | Engels E-book 9780861719563

Through exploring the teachings and history of Zen's female ancestors, from the time of the Buddha to ancient and modern female masters in China, Korea, and Japan, Grace Schireson offers us a view of a more balanced Dharma practice, one that is especially applicable to our complex lives, embedded as they are in webs of family relations and responsibilities, and the challenges of love and work.